



Penny Notes

A Little News from [Penny Stones](#)

November 2008

Vol. 1

Greetings from Penny Stones and welcome to our first newsletter. We're looking forward to Thanksgiving, with lots of family, food and conversations. And we hope Penny Stones can help start some fun and meaningful conversations around your table this year. (Penny Stones are a collection of family-friendly conversation starters. These simple glass stones are printed with questions that spark engaging conversations, create lasting memories and improve communication skills.)

Fun Thanksgiving Idea

Thanksgiving Tree

Sometime before Thanksgiving, cut a large tree out of brown paper bags and tape it to the refrigerator. Cut out leaves from colored paper. Each day, family members and guests can write down what they're thankful for and tape it to the tree. By Thanksgiving, you'll have a colorful tree full of thankfulness.

The Rule of Three

A simple guide when talking with friends or family, the Rule of Three is this: When starting a new topic, limit your introduction to three sentences. If your audience is interested, they'll ask you questions. If not, then move on. It's nice to know when your friends are interested, as well as when to move on to the next topic.

Greetings and Hugs with Your Kids

Susan Fee, a friend and professional counselor, gave me these great tips:

- Greet your children and spouse warmly when they come in the door. Let them know how important they are to you. Your reaction affects how they perceive you and your relationship.
- When hugging your child, don't be the first one to break the hug. They may need a little hug, or they may be going through something and need a longer hug at that moment. By remembering this rule, I've been surprised by how short and how long some hugs have been with my kids.



A Penny Stones Story

We went through a few at dinner last night. We did the one about the person you would like to meet. My daughter McKenna said "Nonni". Nonni is what all the grandkids called my husband Josh's mom. She died before McKenna was born. It was very touching for me and especially for Josh. It started a whole conversation about Josh's mom and lots of good memories of her. Congratulations on bringing such a great idea to fruition.

~ Angie , Ohio

Gift Giving

Consider Penny Stones when you need a gift this year. They're great for teachers, friends, in-laws, grandparents, neighbors, babysitters, co-workers, gift exchanges and Secret Santas, counselors, coaches, and Sunday school teachers. And they make the perfect hostess gift. The first 50 orders of Penny Stones from www.pennystones.com will receive a free gift bag.

Each set of Penny Stones contains 21 Penny Stones, one penny and an untold number of great conversations. They are proudly made by disabled individuals in Cleveland , Ohio . They're available for \$15 at the Penny Stones website or at a number of gift stores in Northeast Ohio ; see the website for all locations, <http://www.pennystones.com/>.



We hope you've enjoyed this little newsletter. We tried to pass on ideas we've found valuable. (We hope to send out a couple of newsletters each year.)

A Penny for Your Thoughts...

If you have ideas you'd like to share, or have your own Penny Stones story, we'd love to hear it! Please reply to this e-mail or send Tammy a note through the Contact Us page on our website,

<http://www.pennystones.com/>

Sincerely,
Tammy Gentry
CEO, CMD Gifts

If you like Penny Stones, or what you've read, please pass this along to friends or family. Thanks!

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